



French Gulch-Whiskeytown School

FGWS FAMILIES AND FG COMMUNITY: School Site council members are still needed. We meet once a month the hour before the board meeting. Please contact the office or your child's teacher if this opportunity interests you.

OCTOBER

October is a very busy month. Besides the excitement of Halloween for the kiddies, it is also is **Fire Prevention and Awareness Month, Stranger Danger Awareness Month** for littles and as well as **Red Ribbon Week**.

Red Ribbon week runs from October 23-31. The theme this year is **Celebrate Life. Live Drug Free**. Although the message of a drug free life style is touted throughout the year for our older students through various assemblies and talks, in October it is highlighted with special emphasis. Included in this are health related concerns regarding tobacco and tobacco related products including e-cigarettes and all vaping devices.

The littles are cautioned about being lured into a car with a stranger with promises of candy, puppies or kittens. We don't want children fearful of people in general, but they need to know not to go with a stranger no matter how enticing the come on. One suggestion is for families to have a special code word that is only shared among family members. If someone says to a small child, "Your mom sent me to pick you up," the child should ask the code word. If the "stranger" cannot produce it, s/he knows this is not a mom approved situation. This also applies to phone scams. Don't fall prey to the cockroaches roaming among us. Please rest assured that we will not release a child from school without your approval. It is important to keep your release information updated!

Every family should have a fire evacuation plan for their home. A central meeting place is essential so that no one goes back inside to rescue someone who is already safe. A large tree, the end of the drive way or other easily accessed home landmark is suggested. Younger students reviewed stop, drop and roll techniques. Hopefully it will never need to be used but the information has been planted.



COMMUNITY CEMETARY CLEANUP REMINDER

There will be a community clean up of the I.O.O.F. cemetery on October 15. Please see the attached flyer for details. Clean up starts at 7:00 am! FGWS students will be placing flags on veterans' graves sites in honor of Veteran's Day in November.

Our school nurse did routine hearing, vision and dental checks today.

Upcoming Events

October 15

Community Cleanup of I.O.O.F.
Cemetery 7:00 am

October 18

FGWS Board of Trustees Meeting
5:00 pm
School Site Council Meeting
4:00 pm

LUNCH MENU



**Menu for October 10-14
(subject to change)**

Monday: Corn Dog, chips, fruit and Cole Slaw

Tuesday: Sloppy Joes, French fries, red pepper strips, apples

Wednesday: Chicken Parmesan, side pasta, roll and mandarins

Thursday: Cheeseburger, pasta salad, chips and banana

Friday: Pepperoni Pizza, buffalo green salad, cherry tomatoes and fruit

Milk (choice of low fat white or chocolate), fruit and veggies served at every meal

