



French Gulch-Whiskeytown School

FGWS Parents and Community: We are appreciating the rain and the rising lake levels. Fortunately, the kids have not reached a cabin fever state yet. But WHEW!! the havoc the weather has had on our internet reception has been daunting! We've had peek a boo service all week: on for a nano second off for an hour. On for another nano second then off for a couple of hours.

JUMP ROPE FOR HEART



For years now FGWS has participated in Jump Rope for Heart on Valentine's Day. This program, run through the American Heart Association, raises money for cardiac research particularly targeted toward the advancement of pediatric cardiac care. Mrs. Swan brought this wonderful program to FGWS and it remains near and dear to her heart. It is run like a jog-a-thon. Students ask for donations and then participate in a ½ hour jump-a-thon. We suggest flat rate donations since we have had students jump well over a 1000 jumps in that ½ hour! Paper work will go out next week. If we need to delay our Jump-A-Thon past Valentine's Day we will but we are confident that our mighty FGWS miners can pull it off.

Shawn VanHorn has moved on to Shasta High this year. He has been our "Royal Jumper" and top donation getter the past few years. It's time to pass the torch down. Watch out for those Graham Brothers- they are mighty jumpers!

100 DAY!

Tuesday marks the 100th Day of School! We are asking students, especially our lower elementary students, to bring in a 100 collection of anything. 100 cheerios, 100 pebbles, 100 paperclips... be creative.



Please return Community Schools Grant surveys ASAP! We have only received 2 of the 7 sent out. We appreciate and value your help with this part of the application process. The survey will only take a few minutes to fill out. Thank you to those of you have already completed and returned the survey.

FGWS is still seeking a person to fill the 5th position on our school Board.

Upcoming Events

February 13

Regular Meeting of the Board
5:30 pm
LCAP Advisory Board Mtg
4:30 pm

Presidents Week

February 19-23
No School

LUNCH MENU



Menu for January 29-Feb. 2

(subject to change)

Monday: Cheeseburger, oven fries, green salad and fruit

Tuesday: Potato Soup, garlic bread, green salad and something fruity

Wednesday: Tacos, chips and salsa, refried beans and fruit

Thursday: Sloppy Joes, smiley fries veggies and fruit

Friday: Pizza, green salad, something fruity and a surprise

Milk (choice of low fat white or chocolate), fruit and veggies served at every meal

