

## French Gulch-Whiskeytown School

FGWS Parents and Community: Thank you to everyone who supported our annual Jump Rope for Heart event. FGWS will not be in session next week. It's Presidents Week!

### JUMP ROPE FOR HEART

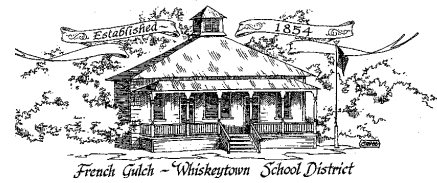
Our FGWS kids have happy hearts after jumping yesterday. It was a cardio event to beat the band. We jumped 20 minutes instead of our traditional 30 minute timeframe. Rain moved the event indoors. Fortunately, no one got nailed by a rope! Here are the jump stats: Jason 870, Niki 760, Jameson 473, Riley 460, Beau 339, Kayden 290, Dorothy 80, Katelynn 50 regular jumps and 1252 "air" jumps, Jackson 50 jumps over the rope and 100 "air" jumps. Reese, Dorothy and Mattie lent support as counters. And speaking of counters, thank you Brittany Street and staff for counting. Please have pledge donations turned in on Monday when we come back from break. After jumping kids refueled with a healthy snack and then jumped rope some more. Thank you Ms Hill for being a rope turner!



### PRESIDENTS WEEK AND READ ACROSS AMERICA DAY



Students always look forward to a few days off but it's important to remember the "why" of the holiday. Have your older students look up some of the qualities that made both Washington and Lincoln stand out not only as leaders but as decent human beings and have them discuss it with you. For younger students, share the virtues of honesty, dedication, a strong work ethic and why those qualities make a difference. Certainly in Lincoln's case promote the benefits of reading. Speaking of reading, March 2 is Dr Seuss' birthday marked by Read Across America Day. We will celebrate it on Friday March 1. If you have a favorite book you'd like to read to the kids please come and be our guest as a "royal reader." We have many books here at school to choose from or you may wish to bring one from home. Last year we had a baby goat join the reading. We have various versions of the 3 little pigs on hand. Hmmmm maybe a baby pig might join a reading this year. Hint Hint!



### Upcoming Events

#### Presidents Week

February 19-23  
No School

#### 2<sup>nd</sup> Trimester Ends

February 29

#### Read Across America Celebration

Friday, March 1

### LUNCH MENU



No School the week of February  
19-23

(subject to change)

Monday:

Tuesday:

Wednesday:

Thursday:

Friday:

Milk (choice of low fat white or chocolate), fruit and veggies served at every meal

