



## French Gulch-Whiskeytown School

**FGWS PARENTS AND COMMUNITY MEMBERS:** Last Monday CalTrans came and presented an assembly on the effects littering has on the environment. Afterwards, FGWS students walked to the Community Park picking up litter on the way. It was surprising how much was collected. The number 1 litter item picked up for proper disposable were cigarette butts. Filters are non-biodegradable accounting for 1/3 of litter found on and in this country's beaches, rivers and streams. Although ultra violet light will eventually cause filters to break down into smaller pieces, they never decompose thus remaining forever toxic to the environment. If you are a smoker, please dispose of your cigarette butts responsibly.

### RED RIBBON SPIRIT WEEK

This week is Red Ribbon Week. Originally created to send an anti-drug message to students, it now encompasses that as well as an anti-bullying message. The new slogan is **Be safe, kind and drug free**. Here is a recap of the themes for each day listed in the flyer distributed last week:

**Monday- PJ Day**

**Tuesday – Crazy Hair Day (some of us don't need to try on that one!)**

**Wednesday- Hippie Day (pull out your tie dye and bell bottoms)**

**Thursday- Future Occupation Day (dress like the career you picture for yourself)**

**Friday- Wear Red (bonus: bubble gum blowing contest at lunch recess)**

### THURSDAY ACTIVITIES!

Last Thursday was quite a busy day! Students and staff wore pink ribbons for Think Pink Day. FGWS kept our own Mrs. Swan in mind while participating in



this campaign. Thursday was also the Great American Shake out drill. Students "ducked, covered and held" positions at 10:19 am. Even Mrs Swayne's group practiced the drill while on their field trip in Whiskeytown Park. On the left Bentley is practicing perfect

earthquake drill form. On the right Niki and Jameson check out the glory hole while learning about JFK's dedication of the dam creating the lake and the beautiful national recreation area in our own back yard.



**DON'T FORGET: BOARD MEETING THIS EVENING, OCTOBER 23 AT 5:30. The public is always invited to attend**

### **Upcoming Events**

#### **October 23**

*Special Meeting of the Board*

5:30 pm FGWS Room 2

*LCAP Advisory Board Mtg*

4:00 pm

#### **October 23-27**

**SPIRIT WEEK**

#### **November 7-9**

Minimum Days /Parent

Conferences

## LUNCH MENU



**Menu for Oct 23-27**

(subject to change)

**Monday: Cheeseburger, fries, mixed veggies and fruit**

**Tuesday: Chili and Cornbread, celery sticks and fruit**

**Wednesday: Chicken Tenders, oven fries, green salad and fruit**

**Thursday: Chili Dogs, chips, green salad and fruit**

**Friday: Pizza, green salad, deviled eggs and something fruity**

**Milk (choice of low fat white or chocolate), fruit and veggies served at every meal**



*The Annual FGWS School Carnival will be held after lunch on Tuesday, October 31. Younger siblings are welcome to attend.*

*We have been gathering seasonal trinkets to give away at the various booths we are planning but could always use more. Any candy treats must be wrapped for safety reasons.*

*The ever popular cake booth also needs donations. Baked goods need not be limited to cakes. Cupcakes, brownies and cookies are all acceptable. Unfortunately, regulations require that baked good items must be store bought. An alternative is to use school facilities for baking on site. Each of the classrooms has a cooking cart with small ovens. The FGWS kitchen has two full size ovens. If this sound good to you, please contact your child's teacher or Renee in the front office to arrange a time. In lieu of cooking yourself, boxed mixes, commercial cookie dough and frosting may be sent in for cooking at school. Under close supervision, students can prepare baked goods as part of the instructional day or during Project SHARE with Maureen.*

*It would be helpful for us to know how many people are planning to donate to any aspect of the carnival so we can better prepare.*

*Please contact any school staff member regarding donations of any kind: trinket prizes, wrapped candy, purchased baked goods or baked goods ingredients for preparation at school.*

**THANK YOU FOR THE CONTRIBUTION YOU MAKE!**