

French Gulch-Whiskeytown School

FGWS Parents and Community: With the time change come tired drivers still adjusting to the new daylight hours. Drive defensively! The stretch between 299 and Shasta seems to inspire the would be Mario Andrettis among us.



DAYLIGHT SAVING TIME IS HERE!

It's that time of year! Turn those clocks back before you go to bed Saturday night. The time change is upon us. It often takes up to a week for internal clocks to make the shift. Help your child to readjust by keeping the same bedtime and wake up times. It will be nice to have extended daylight

during our waking hours. Let's hope that March is through with its Lion reputation and ready to usher in its Lamb spirit.

MATH FACTS

Students who have fluency with basic math facts have a much easier time learning and applying more advanced math operations as they progress through the grades. Drill and kill is not the answer but you can make a game of it with your children while driving to and from town. Throw out a fact: $5 + 9$. Reverse it the next time: $9 + 5$ to reinforce the commutative property of numbers. If a road sign gives mileage to a destination point you might ask: "what if we were to go twice as far?"



UPCOMING FIELD TRIPS

Ms. Hill's Class will be releasing the fish they are raising in the classroom into Whiskeytown Lake several weeks from now. There is also a planned fieldtrip to Turtle Bay Exploration Park on March 28. Details to come.

BOARD OF TRUSTEES MEETING

FGWS' next Board of Trustees meeting is Tuesday, March 12 starting at 5:30 pm. All are welcome to attend. We continue to seek a 5th board member to replace Keli Laws vacated position.



Upcoming Events

March 12

Board of Trustees Mtg

5:30 pm

LCAP Advisory Board Mtg

4:30 pm

LUNCH MENU



March 11-15

(subject to change)

Monday: Spaghetti with Meat Sauce, Garlic Toast, small gree salad and pears

Tuesday: Grilled Cheese with Tomato Soup, red pepper strips and pineapple

Wednesday: Bean and Beef Burritos, tortilla chips with salsa, refried beans and peache

Thursday: Chicken Salad Wrap with Romaine, cole slaw, chips and applesauce

Friday: Pepperoni Pizza, small green salad, baby carrots and apples

Milk (choice of low fat white or chocolate), fruit and veggies served at every meal

